



TIDE 2.0

MODEL 81301
MODEL 81372



FEATURES

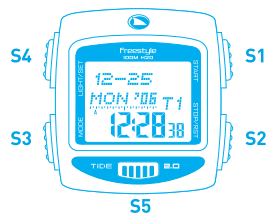
- DAILY TIDE DATA FOR 145 GLOBAL BEACHES
- FUTURE TIDE DATA FROM NOW UNTIL 2016
- ABILITY TO PROGRAM YOUR LOCAL BEACH BREAK IF NOT INCLUDED
- COUNTDOWN HEAT TIMER, COUNT DOWN REPEAT, COUNT DOWN-UP
- CHRONOGRAPH WITH SPLIT TIME
- NORMAL TIME MODE PRESENTS MONTH, DATE, WEEKDAY, HOURS, MINUTES AND SECONDS.
- DUAL TIME MODE (TIME 2)
- 12/24- HOUR DISPLAY FORMATS
- 4 DATE ALARMS
- NIGHT VISION™ BACKLIGHT DISPLAY

INSTRUCTIONS AND WARRANTY INFORMATION

First off thank you for your purchase of this Freestyle watch. Rest assured your watch is made to the highest standards and tested under the gnarliest conditions. We put a lot of work into making the most reliable performance watch in the bizness and have 25 long years of experience doing it. **NO ONE ELSE CAN SAY THAT.**

So take some time reading the instructions so you get the most from the features and functions. We want you to keep this timepiece for many years to come. **WELCOME TO THE FAMILY.**

1. BASIC OPERATION OF BUTTONS KEY TO SYMBOLS:



- S1**= Start button
- S2**= Stop / Reset button.
- S3**= Mode button.
- S4**= EL Light / Set button.
- S5**= TIDE / Current mode toggle.

Have no fear: this module was designed with ease of use in mind. All modes can be reached by pressing the S3 button until your desired mode is viewable.

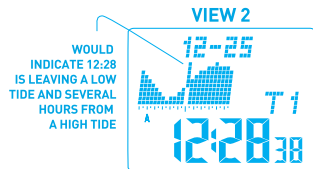
The cycle is as follows:
NORMAL TIME (TIME 1)
TIDE
FUTURE TIDE CHRONOGRAPH ALARM
TIMER
DUAL TIME (TIME 2)

Each time you sequence to a new mode a beep will occur. When you reach TIME 1 a softer beep will sound to distinguish this mode from others. You can set each mode (except chrono) by holding down the S4 button. Of course we will go through each mode in further detail but once you get crackin' remember it's that easy to use!

2. HOW TO USE AND SET NORMAL TIME MODE (T1)



- Press S3 to show Normal Time mode, mode prompt "TIME-1" will be shown for 1.5 second first.
- The hour, minute, second, weekday month, date and T1 (time 1 mode indicator) will all be shown.



- Press S1 to show display the current tide position of the graph that corresponds with the current time. If you're a surfer it's best to have your watch in this mode so you always know what the tid situation is.
- Press S1 again to toggle between Date and Current Tide Graph at any time you are in TIME-1 Mode.
- Press S5 to toggle between TIME-1 Mode and TIDE Mode. This allows you to quickly access all of the days TIDE info without having to toggle through all other modes.

SETTING

- Press and hold S4. "HOLD TO SET" will appear and then the seconds digits will be blinking.
- Press S1 (forward) or S2 (reverse) to adjust the flashing digits. Press and hold S1 or S2 for fast setting.
- Press S3 to select next setting. The sequence is shown as follows: SECONDS, DATE, 12/24HR, SET TIDE?, ZONE, LOCATION, DST, USER OPT?

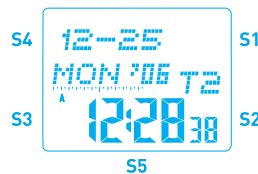
**** From SET TIDE? on, please refer to section (4) HOW TO USE and SET TIDE MODE. It's ok to skip through the TIDE setting mode until later if preferred. Press S4 ot exit.**

- Year digits can be set from 2001 to 2049.
- When setting 12/24H, press S1 or S2 to toggle 12-hour or 24-hour display formats. If 24-hour display format is selected, there will be no AM flag "A" or PM flag "P".

3. HOW TO SET DUAL TIME (TIME 2)

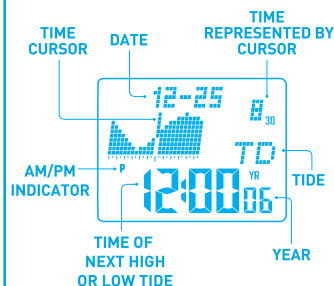
- Dual Time Mode lets you set alternate time settings. Maybe you have a relative in Ireland or lover on the opposite coast. Set the Time-2 to whatever your needs and easily check by pressing S3.
- Press and hold S4. "HOLD TO SET" will appear and then the seconds digits will be blinking.
- Press S1 (forward) or S2 (reverse) to adjust the flashing digits. Press and hold S1 or S2 for fast setting.

- Press S3 to select next setting. The sequence is shown as follow: SECONDS, HOUR, MINUTE, YEAR, MONTH, DATE, 12/24HR

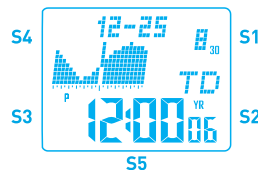


- Year digits can be set from 2001 to 2049.
- When setting 12/24H, press S1 or S2 to toggle 12-hour or 24-hour display formats. If 24-hour display format is selected, there will be no AM flag "A" or PM flag "P".
- After all adjustments are completed, press S4 to exit the setting mode.

4. HOW TO USE and Set TIDE MODE



- Press S3 to show Tide mode, mode prompt "TIDE" will be shown for 1.5 second first.
- Tide graph, time of next high or low tide, year, date and month are all shown on the display.
- The tide graph shows the relative high and low tide information of each day. The graph scrolls from right to left and each pixel represents one half hour of time. Press S1 to advance the graph by a half hour or S2 to decrease by a half hour. You will notice that the TIME REPRESENTED BY CURSOR will advance or decrease at the same rate. This represents the actual time of day that correlates with the current tide height.



- After the high or low tide tide has been scrolled past the TIME OF NEXT HIGH OR LOW TIDE will display the next high or low tide. This will happen until all high and low tides are scrolled through for that day and then repeat.

SETTING TIDE LOCATION

- This watch provides the tide information of 145 locations in 10 zones for your selection. The beaches and zones are listed on page 3.
- Press and hold S4. "HOLD TO SET" will appear and then then the first option "ZONE" will appear. The sequence is shown as follows: ZONE, LOCATION, DST ON/OFF, USER OPT? [we will explain setting off USER OPT? in detail after this section]
- After ZONE disappears you will be able to begin setting your local beach.
- Press S1 (forward) or S2 (reverse) to scroll through the 10 ZONES.
- When you're on the desired ZONE press S3 to proceed to the LOCATION setting.
- Press S1 (forward) or S2 (reverse) to scroll through all of the LOCATIONS in the selected ZONE.
- When you're on the desired LOCATION press S3 to proceed to the DST ON/OFF setting.
- Press S1 (forward) or S2 (reverse) to turn the DST ON or OFF.

UNDERSTANDING DAYLIGHT SAVINGS TIME

Daylight Savings Time, or DST as it is commonly referred to, is used in some regions of the world to leverage the many hours of daylight in the summer months. It is imperative that the watch is set to the correct DST setting (on or off) as the TIDE data for each location are based on DST.

Below is a quick (but rough) reference guide for setting your DST. Starting in 2007:

2nd Sunday March - 1st Sunday November: DST = ON

1st Sunday in November - 2nd Sunday in March: DST = OFF

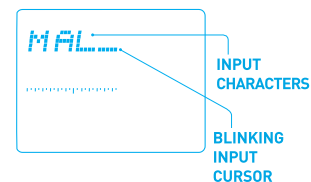
(This applies to the US only; please refer for international locations to your local government's website).

- When you've determined your DST setting press S3 to proceed to the USER OPT? setting.

5. HOW TO SET YOUR OWN CUSTOM BEACH (USER OPT?)



- When you've determined your DST setting press S3 to proceed to the USER OPT? setting.
- To add a beach not programmed into the watch you will have to know the time difference between the high tide at the closest programmed beach and the high tide at the additional beach for the same date. This information is usually listed on tide calendars, local tide charts or the internet and is indicated by 10, 20, 30, etc. minutes between the two beach locations. For example if the location to be added is Malibu, which is not programmed into the watch, and your local tide calendar indicates that the Malibu high tide for a specific date is +10 minutes difference from the closest beach which is Los Angeles, then you enter Malibu as your beach and add +10 as your offset.



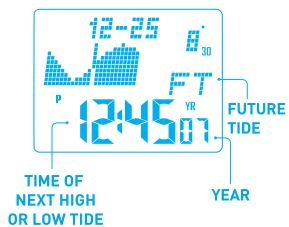
- Once you have determined the offset you can program in your desired beach. A blinking cursor will appear for you to begin typing in the name for your location. The order of the characters is as follows: Blank Space, A-Z, . / + -0-9 You can have up to 6 characters on the top line and 5 on the bottom.
- Press S1 to advance to the next character and S2 to move back.
- To advance to the next space press S3 and select your character. Note all characters must be filled in to advance to the OFFSET mode.



- Press S1 to advance to the next OFFSET time and S2 to go back. Their are intervals from +10 MIN through -60 MIN as well as a NO OFFSET option.
- Press S4 when you have selected an offset. You are now finished adding your beach and the TIDE mode will accurately show the HIGH and LOW tides for each day.

6. HOW TO USE AND SET THE FUTURE TIDE MODE

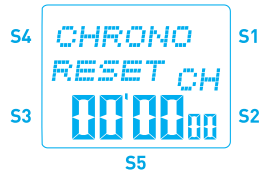
- The FUTURE TIDE mode allows you to look into the future and see what the tide highs and lows will be for the next 10 years. Whether you're planning a session next week at your local break or next year's trip to Australia, we've got you covered until 2016.
- The FUTURE TIDE mode looks the same as the TIDE mode except the letters FT appear to indicate you're in FUTURE TIDE mode.
- The FUTURE TIDE data directly reflects the tide data for the beach that is set in the TIDE mode. To look for FUTURE TIDE data for a different beach then what is programmed you would first have to change the beach programmed in the TIDE mode. This would include the USER OPT? beach as well.



- Press and hold S4. "HOLD TO SET" will appear and then then the YEAR option will be flashing.
- Press S1 (forward) or S2 (reverse) to adjust the flashing digits. Press and hold S1 or S2 for fast setting.
- Press S3 to select next setting. The sequence is shown as follows: YEAR, MONTH, DATE

- After all adjustments are completed, press S4 to exit the setting mode.

7. HOW TO USE CHRONOGRAPH

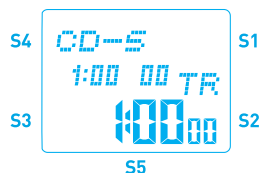


- Press S3 to show Chronograph mode, mode prompt "CHRONO" will be shown for 1.5 second first.
- Press S1 to start the chronograph.
- For the first hour, the chronograph shows minutes, seconds and 1/00-seconds, then the chronograph shows hours, minutes and seconds.
- Press S1 again to take split time, Split time will be shown for 6 seconds, and then the current running time of chronograph.
- Press S2 to stop the chronograph. Then press S1 to re-start the chronograph, or press S2 again to reset the chronograph back to zeros.

Remark:

The chronograph is of 1/100-second resolution for the first hour and with working range up to 24 hours 0 minutes 0 seconds, then the chronograph stops automatically and resets to zero.

8. HOW TO USE THE COUNT DOWN TIMER



- Press S3 to show Timer mode, mode prompt "TIMER" will be shown for 1.5 second first.
- "TMR", function indicators "CD-S", "CD-R" or "CD-U" and preset time are shown at the middle part while remaining time (and count up time for "CD-U" function) is shown on the bottom part.

Functions of timer are:

1. "CD-S" - Count down to zero then stop.
2. "CD-R" - Count down to zero then repeat count down.
3. "CD-U" - Count down to zero then start counting up.

- Press and hold S4 for 2 seconds to enter setting mode. The second digits start flashing.
- Press S1 (forward) or S2 (reverse) to adjust the flashing digits. Press and hold S1 or S2 for fast setting.
- Press S3 to select next setting. The sequence is shown as follow:

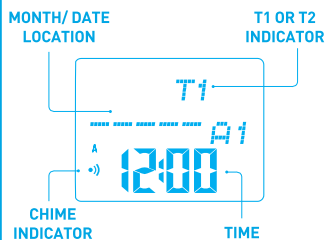


- When setting CD-S/CD-R/CD-U, press S1 (forward) or S2 (reverse) to select Count Down Stop "CD-S", Count Down Repeat "CD-R" or Count Down Up "CD-U" function.
- After all adjustments are completed, press S4 to exit the setting mode.
- Press S1 to start the timer.
- Press S2 to stop the timer, then press S1 to re-start the timer or press S4 to reload the preset time again.

Remarks:

1. The count down timer is of 1-second resolution and the preset time for count down can be set from 0 up to 23 hours 59 minutes 59 seconds.
2. For Count Down Up "CD-U" function, the count up range is up to 99 hours 59 minutes 59 seconds and then stop automatically
3. The watch will beep for 5 seconds when the timer counts down to zero, press any button to stop the sound when it is active and the preset time will be reloaded automatically for "CD-S" function.
4. If there is no button operation for 2-3 minutes in setting mode, the watch will return back to Timer mode automatically.

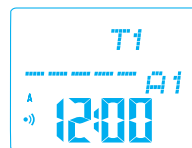
9. HOW TO SET AND USE THE ALARM AND CHIME



- Press S3 to show Alarm mode, the prompt "ALARM" will be shown for 1.5 second first.

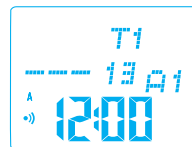
- Alarm number, "T1" or "T2", month and date are shown at upper part while alarm time is shown at the lower part.
- Press S2 to select from AL1 to AL4.
- Press and hold S4 for 2 seconds to enter setting mode. The hour digits start flashing.
- Press S1 (forward) or S2 (reverse) to adjust the flashing digits. Press and hold S1 or S2 for fast setting.
- Press S3 to select next setting. The sequence is shown as follow: HOUR, MINUTE, MONTH, DATE, REFER TO T1OR T2
- When setting T1/T2, press S1 or S2 to toggle setting the alarm to refer to Normal Time mode (T1) or Dual Time mode (T2).
- It is important to note that if a date is entered the alarm will only sound for the time on that date only. The following represents the daily, monthly and yearly ALARM settings:

DAILY



- When no MONTH or DATE info is set the alarm will sound at every day at the specified time.

DAILY MONTH REPEATING



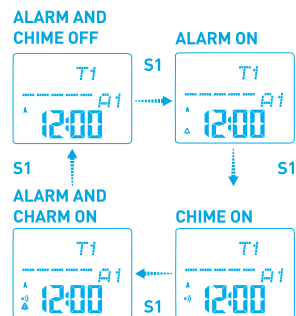
- When only DATE info is set the alarm will repeat for every month. For example the alarm above would sound at twelve o'clock on the 13th of every month.

MONTHLY



- When only MONTH info is set the alarm will repeat for every day in that month. For example the alarm above would sound at twelve o'clock for all of December.

- After all adjustments are completed, press S4 to exit the setting mode.
- Press S1 to toggle the alarm and chime function on or off in the sequence shown as follow:



- If the alarm or chime function is "on", the corresponding icon will be shown.

Remarks:

1. The alarm sounds for 20 seconds at alarm time if the alarm function is "on". Press any button to stop the alarm sound when it is active.
2. The watch gives out a "BEEP, BEEP" sound at every full hour if the chime function is "on".
3. The alarm function is automatically set to "on" when entering setting mode.
4. If 24-hour display format is selected, there will be no AM flag "A" or PM flag "P".
5. If there is no button operation for 2-3 minutes in setting mode, the watch will return back to Alarm mode automatically.

10. HOW TO RESET THE WATCH

Press and hold all buttons (S1,S2,S3,S4) simultaneously, all segments will be "on", then release the buttons and the watch will be reset. After reset, test patterns will be shown for two-three few seconds and finally the display will be as follow:

11. BATTERY REPLACEMENT

Replace the exhausted battery with a CR2032 cell or equivalent. Refer to number 7 in the column to the right for further info. Water resistance is not guaranteed if your watch battery is replaced by yourself.

CHAD SAYS...



FOLLOW THESE 8 TIPS TO GET THE MOST OUT OF YOUR NEW WATCH!

1. Never Pull out the crown or operate the pushers/buttons under water.
2. Make sure your crown is returned to the original position before you expose your watch to water.
3. If your watch is exposed to saltwater it is very important to wash it thoroughly under tap water and wipe dry with a soft cloth. Keep it clean!
4. Severe impacts or drops may affect your watch's water resistance and performance.
5. Avoid exposing your Freestyle watch to extreme temperatures such as in a hot shower, Jacuzzi, sauna or hot tub. The combination of extreme heat and water may cause your watch to lose some of its water resistance.
6. Avoid exposing your watch to chemicals, soaps or solvents as they deteriorate the water resist seals in your watch.
7. Never try to remove the caseback, leave this to a certified watch repair technician or Freestyle service center. This will help in preventing water leakage from improper battery replacement.
8. It is advisable to have your watch pressure tested annually and to re-furbish your watch every 2-3 years to extend the life of the watch.

Don't forget to check our website to register your watch, see the newest product releases, check the news and win monthly prizes.

www.freestyleusa.com

LIMITED LIFETIME WARRANTY
 Freestyle U.S.A. warrants, to the original purchaser, that its watches are free from defects in materials and workmanship for the lifetime of the watch (under normal use) from date of original purchase. The following are not covered under warranty: battery, strap/bracelet/ band and crystal.

Accidental breakage or damage due to normal wear or misuse of the product, including but not limited to the mathematical accuracy of the product, is not covered under this warranty. Some states do not allow limitations on how long an implied warranty lasts, or the exclusions of or limitations on consequential damages, so the above limitation may not apply to you. This warranty gives you specific legal rights, and you may have other rights, which vary from state to state.

Under this warranty FREESTYLE will make any necessary repairs, if applicable, at no cost to you the consumer. Any repair needed that is not under warranty will be at the cost of you the consumer. Proof of purchase and / or original receipt it needed to validate your warranty.

Your warrantee is voided by any servicing out by a non-authorized agent. Any other form of guarantee to you by the retailer is his / her responsibility. This warranty applies to watches purchased in the United States. For watches purchased outside the United States, please contact you authorized FREESTYLE dealer for warranty information.

Please send to the address below and include the following (w/ the form included on either this page or the flipside)

- 1) A copy of your original sales receipt
- 2) Your printed name, address, phone number and a brief description of the problem.
- 3) A Check, Money Order payable to Freestyle USA in the amount of \$8.50 for processing and handling. If using a Credit Card, be sure to include card number and expiration date on included form.

FREESTYLE

Attn: Individual Returns
 47-50 33rd Street
 Long Island City, NY 11101
 1-800-776-6449

Should the warranty on your watch no longer be valid or found to be voided, please see the enclosed mailing form (on this page or flipside) for replacement costs per item. Please do not include any special watchband or any other items of personal value in your shipment. Allow 30 days for processing and the return of your serviced watch.



Freestyle

Attn: Individual Returns
 47-50 33rd Street
 Long Island City, NY 11101
 1-800-776-6449

Battery	\$ 4.00
Case	10.00
Bezel	6.00
Band(Polyurethane)	12.00
Band(Leather)	12.00
Band(Metal)	20.00
Band(Nylon)	7.00
Processing and handling	8.50

Total \$ _____

- Check or Money Order
 Master Card
 Visa

Card # _____

Exp Date _____

Name _____

Address _____

Phone # _____

Signature _____

visit our site

www.freestyleusa.com

WEST USA

SAN DIEGO (Broadway)
 LA Jolla (Scripps Institution Wharf)
 SAN CLEMENTE
 Newport Bay Entrance, Corona del Mar
 CABRILLO BEACH
 LOS ANGELES (Outer Harbor)
 SANTA MONICA, Municipal Pier
 VENTURA
 Rincon Island, Mussel Shoals
 SANTA BARBARA
 Gaviota
 Point Arguello
 Morro Beach, Estero Bay
 CARMEL COVE, Carmel Bay
 Monterey, Monterey Bay
 SANTA CRUZ, Monterey Bay
 OCEAN BEACH, outer coast
 SAN FRANCISCO (Golden Gate)
 Bodega Harbor entrance
 Mendocino, Mendocino Bay
 Humboldt Bay, Entrance

CARIB-BEAN

FERRY REACH (Biological Station)
 NASSAU, New Providence Island
 ELEUTHERA ISLAND, east coast
 PORT MORANT, JAMAICA
 Santo Domingo
 SAN JUAN
 Virgin Islands, Charlotte Amalie, St. Thomas Island
 Virgin Islands, Christiansted, St. Croix Island
 St. Barthelemy
 Pointe-a-Pitre, Guadeloupe
 Fort-de-France, Martinique
 Belize City
 GALVESTON, Galveston Channel

EAST USA

KEY WEST, FL.
 MIAMI HARBOR ENTRANCE
 Lauderdale-by-the-Sea, Anglin Fishing Pier
 Sebastian Inlet bridge
 Daytona Beach (Ocean), Florida
 SAVANNAH RIVER ENTRANCE
 Folly Beach, Folly River bridge, Folly Island
 CHARLESTON (Customhouse Wharf)
 Myrtle Beach, Combination Bridge, ICWW
 Cape Fear
 Cape Hatteras
 Kitty Hawk (ocean)
 Virginia Beach
 Cape May, Atlantic Ocean
 Atlantic City, ocean
 Little Egg Harbor, Beach Haven Coast Guard Station
 Manasquan Inlet, USCG Station
 SANDY HOOK
 Fire Island Breakwater
 BRIDGEPORT, CONNECTICUT
 Block Island (Great Salt Pond)
 Thames River, NEW LONDON, State Pier
 NEWPORT, RI
 GAY HEAD, MARTHAS VINEYARD, MA
 NANTUCKET, MASSACHUSETTS
 BOSTON, MASS.
 PORTSMOUTH, N.H.

HAWAII

KAWAII
 BIG ISLAND
 KAILUA
 HAWAII ISLAND, HILO
 MAUI ISLAND, KAHULUI
 MAUI ISLAND, HANA
 MAUI ISLAND, MAKENA
 MAUI ISLAND, KIHEI, MAALAEA BAY
 MAUI ISLAND, LAHAINA
 MOLOKAI ISLAND, KAUNAKAKAI
 MOLOKAI ISLAND, KOLO
 OAHU ISLAND, HALEIWA, WAIALUA BAY

HAWAII (cont.d)

OAHU ISLAND, WAIANA
 OAHU ISLAND, HONOLULU
 OAHU ISLAND, WAIKANE, KANEHOE BAY
 KAUAI ISLAND, PORT ALLEN, HANAPEPE BAY
 KAUAI ISLAND, NAWILIWILI BAY
 KAUAI ISLAND, HANAMAULU BAY
 EAST ISLAND, FRENCH FRIGATE SHOALS
 MIDWAY ISLANDS

JAPAN
 MIYAZAKI
 MUROTO
 ISE
 ENOSHIMA
 KATSUURA WAN, HONSHU, EAST COAST
 SENDAI
 OMAE SAKI
 MAIZURU
 CHOSHI
 MINAMI IZU
 OKINAWA
 KUSHIMOTO
 NIIGATA
 AOMORI
 KAGOSHIMA KO
 NAGASAKI

MEXICO
 ENSENADA, TODOS SANTOS BAY
 SAN CARLOS
 MAZATLAN
 PUERTO VALLARTA
 ACAPULCO
 SALINA CRUZ

AUST-RALIA
 NOOSA HEAD
 BURLIEGH HEAD
 LENNOX HEAD
 FOSTER
 AVOCA
 NARRABEEN
 BELLS
 MARGRET

NEW ZEALAND
 WAINUI BEACH
 MANU BAY
 PIHA
 NEW BRIGHTON PIER
 ST. CLAIR

EUROPE WEST
 PORTUGALETE, Spain
 PORTUGALETE, Spain
 GIJON, Spain
 EL FERROL DEL CAUDILLO, Spain
 LAGOS, Portugal
 SESIMBRA, Portugal
 VILA FRANCA DE XIRA, Portugal
 PENZANCE, Great Britain
 BURRY PORT, Great Britain
 KILLALUA BAY (INISHCRONE), Ireland
 Le Boucau, Adour River, France
 Le Boucau, Adour River, France
 Le Boucau, Adour River, France
 St. Jean de Luz, France
 St. Jean de Luz, France

BRAZIL
 TRAMANDAI
 FLORIANOPOLIS
 PARANAGUA
 SANTOS
 SAO SEBASTIAO
 SAO SEBASTIAO
 ITACURUCA
 RIO DE JANEIRO
 RIO DE JANEIRO
 VITORIA
 ILHEUS
 MACEIO
 PORTO DE NATAL
 FERNANDO DE NORONHA
 PORTO DE MUCURIPE